

Countryfriends83

Ecole de Danse

ABBACADABRA

Count : 32 Wall : 2 Level : Beginner
Choréographe : Ross BROWN
Music : ABBA medley by Abbaacadabra

Intro: 32 Counts (Approx. 16 Secs)

VINE RIGHT. VINE LEFT

- 1 – 2 Step right to the right, cross step left behind right.
- 3 – 4 Step right to the right, touch left next to right.
- 5 – 6 Step left to the left, cross step right behind left.
- 7 – 8 Step left to the left, touch right next to left. (12 o'clock)

DIAGONAL STEP, TOUCHES; FORWARD, FORWARD, BACK, BACK.

- 1 – 2 Step forward to right diagonal with right, touch left next to right.
- 3 – 4 Step forward to left diagonal with left, touch right next to left.
- 5 – 6 Step back to right diagonal with right, touch left next to right.
- 7 – 8 Step back to left diagonal with left, touch right next to left. (12 o'clock)

KICKING CHARLESTON STEP. STEP, HITCH ¼ TURN R, BACK, TOUCH

- 1 – 2 Step forward with right, kick left foot forward.
- 3 – 4 Step back with left, touch right toe back.
- 5 – 6 Step forward with right, make a ¼ turn right hitching left knee up.
- 7 – 8 Step back with left, touch right toe next to left. (3 o'clock)

KICKING CHARLESTON STEP. STEP, HITCH ¼ TURN R, BACK, TOUCH.

- 1 – 2 Step forward with right, kick left foot forward.
- 3 – 4 Step back with left, touch right toe back.
- 5 – 6 Step forward with right, make a ¼ turn right hitching left knee up.
- 7 – 8 Step back with left, touch right toe next to left. (6 o'clock)



Cathy MERIOT - Choréographe / Instructor

106 I chemin des Jardins

83920 LA MOTTE en PROVENCE

tél : 06.61.17.10.82 courriel : cathy.meriot83@sfr.fr

www.countryfriends83.fr